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APEX G3 - Total Gym

Total Gym's Apex G3 is the mid-range model in their newer lineup, that consists of significantly more budget friendly gyms. These new home gyms seem to be replacing the older, numerically named models that were also easy on the wallet.

Everything You Should Know About The Total Gym Apex G3 [A ...

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The APEX G5 features 10 levels of resistance and a pillow head rest for extra comfort. It includes cable pulley system, wing attachment, leg pull accessory, as well as dip bars and larger squat stand for added upper and lower body exercises. It comes with two stability mats for both ends of the gym and even folds up for easy storage.

Total Gym APEX G5 Home Gym - Don't Waste Your Money

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