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Have you ever struggled with discipline? Not the discipline of others, but controlling your own thoughts and actions?

~~YouDay: Self-discipline will keep your ship from~~

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sinking  
So, the key is to be direct about why you're reaching ... it just won't work because it takes effort and self-discipline to take the actions required. However, when you go all in and surrender ...

## ~~How to Stop the Ticking Time Bomb on Your Most Destructive Behavior~~

The self-watch is an aspect of the discipline of circumspection (Ephesians ... us out of darkness into His glorious light (1 Peter 2:9,10). We cannot fulfill this calling without a diligent ...

## ~~The Discipline of the Self Watch~~

The authors note that the kinds of achievements that conscientious players seem to prefer require patience and self-discipline ... on Behavior and Society, 9(6), 772-775. <https://doi.org> ...

## ~~Psychology Today~~

Daniel, a 35-year-old mother of four, didn't even know the tax credit existed until President Joe Biden expanded it for one year as part of the \$1.9 trillion coronavirus relief ... which will average ...

## ~~Money in the bank: Child tax credit dollars head to parents~~

He is behind a new study that addresses gender differences in key motivating factors for ... We looked at gender differences around passion, self-discipline and positive attitude." ...

## ~~Dopamine may help explain the gender differences in key motivating factors and autism~~

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~~North Korea's official newspaper on Monday urged officials to strengthen discipline in executing the ... his officials for their "passive and self-protecting tendencies" in setting economic ...~~

~~NK calls for strengthened discipline ahead of key party meeting~~

A key question is whether the downward trend will continue ... That requires creativity, problem-solving, insight, self-discipline and teamwork — which are not necessarily taught in schools or gauged ...

~~Has the Pandemic Put an End to the SAT and ACT?~~

Whether you're a nighttime runner, college student or a night shift worker, you may feel the need to be able to defend yourself at a moment's notice (especially following the recent report that ...

~~The Best Self Defense Keychains for Staying Safe in Any Situation~~

Recently, an advert was shared calling for young boys and girls of above 9 years to train ... and adults to learn discipline through taekwondo as an exercise and a form of self-defence.

~~Self-discipline through martial arts: Taekwondo~~

Though vulnerability is uncomfortable, and has even traditionally been viewed as a weakness, Brown has found through research that vulnerability is the key to achieving great things in life ...

~~The 8 Best Self Help Books of 2021~~

educated them with scientific theories and regulated their behavior with strict discipline. Since the 18th

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~~CPC National Congress in 2012, the CPC Central  
Committee with Comrade Xi Jinping at the core ...~~

~~Explainer: How CPC maintains vitality through self-  
reform~~

and drives home the point that social norms and socialization reinforce rather than displace appeals to MPs' self-interest. Review of the hardback: 'Party discipline is a key element in Westminster ...

~~Party Discipline and Parliamentary Politics~~

Ukah noted that it was not only through flogging or cutting of grass that discipline could be instilled ... TO READ MORE SHOCKING LIFE STORY!!! AFTER 9 YEARS OF SUFFERING FROM PREMATURE ...

~~Mentor students, Delta SSG advises alumni~~

Global " Self-Retaining Retractors Market " report covering growth prospects, market development potential, profitability, supply, demand and other important subjects. The report presented here comes ...

~~Self-Retaining Retractors Market Report 2021: Global Industry Share, CAGR, Trends, Opportunities, Revenue, Gross Margin and Forecast to 2027~~

Those are moments we're going to remember forever." The Lightning has a slim lead in goals in the series, outscoring the Islanders 9-8. For Tampa coach Jon Cooper, the math is simple.

~~Discipline continues to evolve as key factor for  
Islanders in Stanley Cup semifinals~~

Fabio, who has jetted in from Italy and is now

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undergoing a period of self ... respects our key points that we have in our minds," said the incoming Managing Director, Football. "Our key points for ...

~~Fabio: "We needed a coach who respects our key points"~~

I pride myself on self-discipline and work ethic ... 7:30 a.m.: I have a light breakfast and spend time with my wife 7:30 to 9 a.m.: I connect with people 9 a.m.: I have a quick snack 9 to ...

~~Adam Contos, the Denver based CEO of real estate giant Remax, swears by this 4:30 a.m. to 9 p.m. schedule~~

Widely praised for its seamless pacing, technological mastery and thematic discipline — not to mention ... And now, some of its key operatives are seeking another endorsement: not from their ...

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