

## The Psychodynamic Counselling Primer Counselling Primers

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Individual volumes are perfect supplements to the Steps in Counselling series as students progress in their training. Trainers will find the series a dependable learning aid. The Psychodynamic Counselling Primer sets new standards as a succinct guide to psychodynamic theory and practice for everyone wanting an authoritative synopsis.

~~The Psychodynamic Counselling Primer (Counselling Primers~~ ~~---~~

The Psychodynamic Counselling Primer (Counselling Primer Series): Written by Mavis Klein, 2006 Edition, Publisher: PCCS Books [Paperback] Paperback – 15 Oct. 2006

~~The Psychodynamic Counselling Primer (Counselling Primer~~ ~~---~~

The Psychodynamic Counselling Primer by Mavis Klien is the second in the series, with essential information written in an approachable and encouraging style. This book presents an unparalleled, comprehensive introduction to psychodynamic counselling in the twenty-first century.

~~The Psychodynamic Counselling Primer 978 1 898059 85 1 (2006)~~

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The psychodynamic approach to counselling aims to help clients to develop their self-awareness by exploring what is happening in their process at an unconscious level. Relevant psychoanalytic concepts such as defence mechanisms ; the Jungian concept of shadow ; psychosexual stages; and ego, superego and id are likely to form a part of how a psychodynamic therapist makes sense of the material the client brings.

~~The Psychodynamic Approach to Counselling - Counselling Tutor~~

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~~The Psychodynamic Counselling Primer Counselling Primers~~

Psychodynamic therapy (also known as psychodynamic counselling) is a therapeutic approach that embraces the work of all analytic therapies. While the roots of psychodynamic therapy lie predominantly in Freud's approach of psychoanalysis , Carl Jung, Alfred Adler, Otto Rank and Melanie Klein are all widely recognised for their involvement in further developing the concept and application of psychodynamics.

~~Psychodynamic therapy - Counselling Directory~~

There are many different types of counselling, each based on their own concepts and orientations. Psychodynamic counselling offers a model for understanding the human personality and how it develops, our network of relationships and how we interact with others, how psychological problems may originate and the repetitive patterns that maintain them, and how personal change takes place.

~~Psychodynamic Counselling and Psychotherapy (MSc): 3-year~~ ~~---~~

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The Diploma in Psychodynamic Counselling course comprises core theoretical seminars including role-play skills practice and experiential groups. Weekly training sessions consist of one core seminar and one experiential group in Year 1 and one core seminar and one modular seminar in Year 2. The core seminars are both theory and skills based.

~~Diploma Psychodynamic Counselling | Counselling Foundation~~

The Diploma in Psychodynamic Counselling and Therapy in the Community is of interest to those who wish to practice as a counsellor. Graduates of the Diploma Course will be equipped with the clinical experience and theoretical knowledge to work in agencies in the private, public and voluntary sector and in private practice.

~~Diploma in Psychodynamic Counselling & Therapy - MHCP~~ ~~C~~

This primer, the eighth in PCCS's series, is aimed at students of psychotherapy and counselling. Its 10 brief chapters provide a clear and comprehensive introduction to the existential approach. ... The book is well written, easy to read and clearly set out.

~~The Existential Counselling Primer: a concise introduction~~ ~~---~~

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The acclaimed Counselling Primer series from PCCS Books, supplementary to the bestselling Steps in Counselling series, is suitable for both beginners and higher level students who want a succinct boost to their knowledge of a particular area. Beginners will find the style companionable and reassuring, while more advanced readers will appreciate the incisive and authoritative writing with pointers for further reading and resources.

A succinct guide to psychodynamic theory and practice for those who want an authoritative synopsis by expert author, Mavis Klein.

A guide to psychodynamic theory and practice. It presents comprehensive descriptions of key counselling approaches in the twenty-first century. It is suitable for students requiring a theory bridge between introductory, intermediate and diploma courses or focused input for comparative essays and integrative theory assignments.

Designed especially for students and mental health professionals in the early stages of their careers, this primer is a practical guide to psychotherapy --

A succinct guide to cognitive behavioural theory and practice for those who want an authoritative synopsis.

Treating borderline patients is one of the most challenging areas in psychotherapy because of the patient's extreme emotional expressions, the strain it places on the therapist, and the danger of the patient acting out and harming himself or the therapeutic relationship. Many clinicians consider this patient population difficult, if not impossible, to treat. However, in recent years dedicated experts have focused their clinical and research efforts on the borderline patient and have produced treatments that increase our success in working with borderline patients. Transference-Focused Therapy (TFP) is psychodynamic treatment designed especially for borderline patients. This book provides a concise and comprehensive introduction to TFP that will be useful both to experienced clinicians and also to students of psychotherapy. TFP has its roots in object relations and it emphasizes that the transference is the key to understanding and producing change. The patient's internal world of object representations unfolds and is lived in the transference with the therapist. The therapist listens for and makes use of the relationship that is revealed through words, silence, or, as often occurs in the case of individuals with some borderline personality disorder, acting out in subtle or not-so-subtle ways. This primer offers clinicians a way to understand and then use the transference and countertransference for change in the patient.

Offering a skillful balance of broad but coherent foundational information as well as practical application, this book functions both as an introduction for young therapists and as a guide for more experienced child clinicians.

Dialectical Behavior Therapy (DBT) has quickly become a treatment of choice for individuals with borderline personality disorder and other complicated psychiatric conditions. Becoming proficient in standard DBT requires intensive training and extensive supervised experience. However, there are many DBT principles and procedures that can be readily adapted for therapists conducting supportive, psychodynamic, and even other forms of cognitive behavioral treatments.Despite this, there is a dearth of easily accessible reading material for the busy clinician or novice. This new book provides a clinically oriented, user-friendly guide to understanding and utilizing the principles and techniques of DBT for non-DBT-trained mental health practitioners and is an ideal guide to DBT for clinicians at all levels of experience. Written by internationally recognized experts in suicide, self injury and borderline personality disorder, it features clinical vignettes, following patients through a series of chapters, clearly illustrating both the therapeutic principles and interventions.

Most courses in counseling, social work, therapy, and clinical psychology programs lump clinical work with "children and adolescents" together into a single unit while the social, emotional, physical, and neurobiological development of youth is often only a portion of a development course that covers the entire human lifespan. The consequence is twofold: department chairs, accrediting agencies, administrators, and faculty are tasked with covering too much content in too few course hours; and graduate students and beginning practitioners are woefully unprepared for working with difficult populations, including teenagers and young adults. Evidence-Based Psychotherapy with Adolescents helps new clinicians working in any treatment setting learn how to conduct psychotherapy with adolescents from a place of understanding and empathy. In addition to addressing adolescent development, psychological theories in practice, neurobiology of adolescents, clinical assessment, and evidence-based treatment approaches for a range of common mental health concerns, the text explains how to build therapeutic alliances with adolescent clients and work with vulnerable populations commonly seen in treatment. A complete guide that empowers readers with the insight and tools necessary to support adolescents as they progress towards adulthood, this book effectively builds the core skill sets of students and new clinicians in social work, psychology, psychiatry, and marriage and family therapy.

This work is an orientation to a craft of great richness and interest. The authors describe the defining elements of the accumulated working knowledge of psychodynamic psychotherapy. It revisits the raw pointedness of old questions: What is psychotherapy? What makes it meaningful? What do I say when a patient asks me how therapy works? How long will it take? How does change happen?

The new Counselling Primer series from PCCS Books, supplementary to the bestselling Steps in Counselling series, is suitable for both beginners and higher level students who want a succinct boost to their knowledge of a particular area. Beginners will find the style companionable and reassuring, while more advanced readers will appreciate the incisive and authoritative writing with pointers for further reading and resources. Trainers will find the series a dependable learning aid.